Stage 5, Personal Development, Health and Physical Education
Strong and Deadly

Intellectual Quality
This unit requires sustained focus on key concepts and ideas related to promoting the health of young people. The use of the Strong and Deadly DVD resource throughout the unit builds deep knowledge. Sufficient time is allocated to each activity so that students can actively engage with the knowledge and demonstrate their understanding. Regular assessment of understanding, using a variety of activities, is incorporated into unit planning. Students explore the assumptions that underpin their opinions and views. The teacher poses questions that can have many answers or possibilities and asks students to justify their responses. Small group discussion and cooperative learning activities allow students to share substantive ideas about the lesson topic.

Quality Learning Environment
The criteria for judging success in the assessment activities are clearly described. Students are provided with a set of guiding questions when exploring a concept or completing an activity. Class discussion activities are accompanied by questions which progress to higher order thinking. The variety of activities provides substantial opportunity for high levels of student engagement. All students participate in challenging work throughout the lessons. Learning is given significance and meaning through connections to the local Aboriginal community. Students have the opportunity to exercise control over aspects of the lessons through the provision of student-centred group work.

Significance
Students use background knowledge to deepen their understanding of key concepts in the unit. Cultural knowledge is promoted and developed through the recognition and valuing of Aboriginal traditions and practices. Opportunities are provided for students to look beyond stereotypes used to describe different social groups. A substantial part of this unit requires students to recognise and explore connections between classroom knowledge and situations beyond the classroom. The assessment activity relies on the application of school knowledge in real-life contexts and problems.

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